HAIL AND BLESSED be the hour and moment in which the Son of God was born of the most pure Virgin Mary, at midnight, in Bethlehem, in the piercing cold.
In that hour, vouchsafe, O my God, to hear my prayers and grant my desires, through the merits of Jesus Christ and His most holy Mother. Amen.

Beginning on the feast of St. Andrew, November 30, the following prayer is traditionally recited 15 times a day until Christmas.